



Parkgate Society

Community Services



PARKGATE SOCIETY

ANNUAL REPORT

2022

Live Life Better • Connecting Community

OUR VISION

A vibrant, connected community

OUR MISSION

To create opportunities for people in our community to live life better.

OUR VALUES

We believe...

Belonging:

establishing and developing meaningful relationships creates an engaged, connected and resilient community.

Listening:

active listening and positive interactions build a foundation of community connections, engagement and trust.

Responding:

responding to the ever-changing needs of our community can be achieved by creating a unique blend of programs and services that appeal to a diverse population.

Connecting:

connecting with individuals, groups, agencies and businesses, helps us accomplish more together than apart.

Welcoming:

programs and services should be welcoming, inclusive and accessible to people of all generations, cultures, means and abilities.

BOARD OF DIRECTORS

President:	Carmel Wiseman
Vice President:	Trelawny Bell
Treasurer:	Natalie Wagorn
Secretary:	Marnie Schigas

Board Members:

- | | |
|------------------|----------------|
| Susan Chan | Liliana Vargas |
| Stephen Cheung | Patrick Weafer |
| Zachary McKnight | Shaun Wysiecki |
| Andrew Szymanski | |



EXECUTIVE DIRECTOR'S REPORT

Adele Wilson

2022 brought us back together with renewed enthusiasm.

As policies and health regulations began to relax, our dedicated staff team went into action to reinstate in-person programming, create new in-person programs, develop hybrid programs, and work with the community to let everyone know we were up and running with a full selection of diverse programming for people of all ages including Preteen Dances, Youth Drop-ins, Gals n' Pals, DnD, Indoor Playgroups, Wednesday Meals, Seniors' Drop-in and registered programs, My Parkgate BREAK, English Language Classes, Social Prescribing, and other programs to promote social connection and well-being.



In March, we surprised our child care families with the introduction of \$10-a-Day Child Care! Shortly after, we were honoured to host Canada's Prime Minister Justin Trudeau for a brief visit to our Child Care Centre. During his visit, he surprised us by adding on a visit with some of our Parkgate Crafters.

Despite being short-staffed and short on volunteers, we persevered and I'm delighted to say we're back in full swing and looking forward to a period of growth and rejuvenation. I'm extremely proud of the commitment and dedication of our staff team, and I thank them all for their tireless efforts.

We are grateful to our regular funders, sponsors, and donors for their continued support during this current recession period with inflated cost pressures. I also wish to thank the Board of Directors for their strong support and guidance this past year in governing the organization's strategic direction.

Lastly, I say goodbye as Parkgate Society's Executive Director and pass along the organization's leadership to Ellen Clague, our former Community Engagement Manager. I wish Ellen, the management team, the Board of Directors, the staff, and the volunteers all the best during this next period of growth and transition.

PRESIDENT'S REPORT

Carmel Wiseman

2022: A year of planning; a year of achievement.

At the beginning of 2022, Parkgate faced several challenges including the impact of COVID policies, staff and volunteer illness and shortages. However, amidst these difficulties, there was some good news: our \$10-a-Day Child Care was approved. However, only some of our programs were approved for funding, which was not good enough! Therefore, our Executive Director, Adele Wilson, Child Care Manager, Christine Mann, and our Finance Department worked hard to convince the Ministry of Children & Family Development to approve funding for our other child care programs at Parkgate and Seymour. Their efforts were successful, and this was a significant achievement worth celebrating. This funding was life-changing for families involved in our child care programs and had a positive impact on the wider community.



Other accomplishments in 2022 included introducing English language classes, a monthly giving program, and a new bus, as well as reviewing staff compensation. We also requested the Policy and Bylaw Committee develop bylaws to allow for electronic meetings.

In 2022, the Board spent a lot of time planning as our executive director had announced her plans for retirement in 2023. To ensure a successful transition, the Board appointed a task force to develop a robust selection process for the new executive director. Adele was leaving big shoes to fill and we wanted to get it right (spoiler alert: we did).

To address a timing issue with year-end funding made acute by the new \$10-a-Day Child Care, we decided to align our fiscal year with that of our major funders, which runs from April 1 to March 31. As a result, Parkgate will have two AGMs in 2023, one in June and one in October. Going forward our AGMs will be held in October of each year.

The Board also appointed a task force to develop a new strategic plan as the current one was set to expire in 2023.

Despite the challenges, 2022 was a year of transformation and success for Parkgate.

FINANCIALS

Natalie Wagorn, Treasurer

In 2022, Parkgate Society continued to show how it is a dynamic and responsive community organization.

As the world continued to adjust to changes in response to the COVID-19 pandemic restrictions, we were also subject to unprecedented cost escalation and local labour shortage impacts. Parkgate Society is lucky to have incredibly dedicated staff, management and volunteers that helped to navigate these difficult challenges and continue delivering low-cost and no-cost programs.



In the spring of 2022, Parkgate Society was selected as a \$10-a-Day Child Care site which was a significant milestone for the community and the province. Parkgate Society also brought back programs from before the pandemic, introduced new programs and expanded existing programs, all while achieving a positive net income for the year.

Parkgate Society's financials for the year ended December 31, 2022, were prepared by our Finance Manager, Lee-Anne Robertson, and reviewed by our external accountants, KPMG. KPMG's review of these financials was made in accordance with Canadian Generally Accepted Standards for Review Engagements. The procedures performed in a review vary in nature and are less rigorous than an audit, and as such, no audit opinion is expressed on these financial statements. The complete set of these financial statements is available on our website: parkgatesociety.ca



2022 Financials

Revenue:

Municipal	504,002
Provincial	1,056,083
Federal	130,572
Grants & Sponsorship	172,010
Fundraising & Donations	29,963
Operations	519,399

Expenses

Governance & Administration	95,949
Child Care Services	1,334,343
Family Programs	146,440
Youth Services	309,424
Seniors Programs	316,975
Community Engagement	111,858

Total Revenue

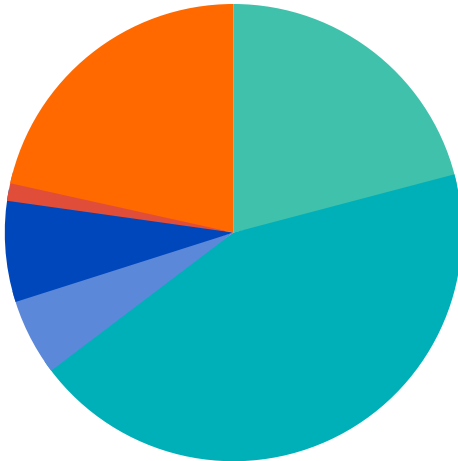
\$2,412,029

Total Expenses

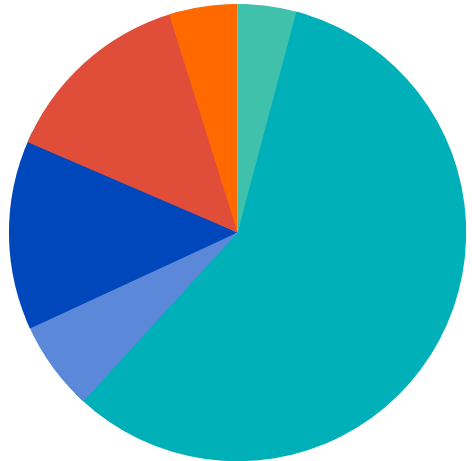
\$2,314,989

Net Revenue minus Expenses \$ **97,040**

Revenue



Expenses



- Municipal
- Provincial
- Federal
- Grants & Sponsorship
- Fundraising & Donations
- Operations

- Governance & Administration
- Child Care Services
- Family Programs
- Youth Services
- Seniors Programs
- Community Engagement

VOLUNTEERS



In 2022, our programs and services benefitted greatly thanks to the ongoing dedication and support of our active volunteers. Our volunteers are integral in making Parkgate the "heart of our community". Despite a nationwide decline in volunteerism, we are deeply grateful for those who continue to contribute their time and talent to Parkgate.

Total Volunteers: 114
Total hours: 8,755



Senior Services
1961 hours



My Parkgate Break
762 hours



Daycamps
796 hours



Child Care Services
34 hours



Board of Directors
531 hours



Crafters
4042 hours



Youth Services
5 hours



English Conversation
35 hours



Other
84 hours



NVRC Programs
505 hours

CHILD CARE & FAMILY PROGRAMS

Child Care Programs:

In 2022, Parkgate Child Care Centre provided the following programs for children aged 6 months to 12 years with up to 135 licensed child care spaces:

- Toddler On My Own (Occasional Child Care)
- Infant & Toddler Group Child Care
- Three to Five Year Old Group Child Care
- Parkgate School Age Group Child Care
- Middle Years After School
- Seymour School Age Group Child Care
- Summer Day Camps (children 5-12 years)

All of our regular child care programs (excluding Toddler On My Own) were approved in 2022 to serve as a \$10-a-Day Child Care BC Prototype program, giving our families a huge discount on their child care fees and making a significant difference to their lives in general. We are working hard to ensure this program is successful so that the government is able to move forward into all communities in BC to give everyone the opportunity to enjoy quality child care at an affordable price.



Our highly qualified early learning educators and facilitators are genuinely interested in forming close relationships with the children and their families. They believe learning best occurs when strong, trusting relationships are developed between all important players in the children's lives, including their families, educators, and the community.

Our Child Care and Summer Camp programs operate Monday to Friday throughout the year, excluding statutory holidays. We have one annual closure for a professional development day, during which our staff stays updated on child care and early learning best practices. Additionally, we provide our staff with a well-deserved seasonal break between Christmas and New Year's, during which our programs are also closed.



In 2022, our child care programs collectively provided quality care and support for 289 children.



Family Programs:

In 2022, Parkgate Family Centre provided the following programs for young families:

- Outdoor Mother Goose inspired Early Literacy program in Bridgeman and Cates Parks
- Deep Cove Outdoor Playgroup
- Lynnmour Outdoor Playgroup
- Parkgate Playgroup
- Saturday Playgroup
- Special Events
 - Halloween Party
 - Wreath Making Workshop
 - PJ Storytime



In 2022, Parkgate Family Centre collectively provided quality family programs for 260 adults and 310 children.



Our low-cost Parkgate Family Programs are supported by grants from the Province of BC and the Government of Canada's Community Action Program for Children.

YOUTH SERVICES

In 2022, the Parkgate Society Youth Services team maintained an optimistic approach by supporting and meeting youth where they were at. Rather than removing pandemic-related procedures, we continued to educate youth on personal health and the acceptance of others. The staff wore masks throughout the year to acknowledge participants' varying comfort levels. However, following the lead of the North Van School District, we made masks optional starting in September. Also, QR codes and parental waivers were removed, and community health practices were emphasized instead. As a result, the Youth Centre's drop-in numbers returned to pre-COVID levels for the last quarter of 2022.

Due to strong community pressure and the Youth Services team's desire to give soon-to-be Grade 7s a chance to experience a Parkgate Preteen Dance, we successfully held the first Preteen Dance in two years on June 4th with a reduced capacity of 300. Later in the year, we were able to host two more sold-out dances with 550 youth in attendance at each. These dances helped increase exposure to our youth programs and provided an early introduction to North Shore youth about the important role of youth workers and how they can offer support.



Under the leadership of Youth Centre Coordinator Natasha Rivard-Morton and various Youth Centre Leaders, the Parkgate Youth Centre saw 34% more visits in 2022 compared to 2021, with a total of 2966 in-person visits. The majority of drop-in participants were aged 10-16, with Wednesday to Friday after-school times being the biggest draw, especially for local preteens. Snacks, gym space, and dedicated Youth Centre Leaders were key to recruitment. Although preteens made up the majority of participants, activities were also offered for teenagers, such as Friday night games/snack drop-ins, open gym/basketball on Saturday nights, and Dungeons and Dragons sessions on Saturday afternoons.

Our Parkgate Youth Outreach Workers (YOWs), Molly Dobie and Nic McCullough, provided support to approximately 10-15 clients each, with a 2.7% increase in the number of one-to-one sessions delivered in 2022. The number of virtual meetings decreased by 123%, with 313 in-person sessions and only 40 virtual sessions. The YOWs addressed a wide range of topics including:

- Discrimination
- Sexuality
- Gender
- Education
- Stress
- Relationships
- Social isolation

Additionally, they frequently discussed themes related to social justice and world events such as:

- Truth and Reconciliation
- Mass shootings
- Inequality
- Lack of third space
- Systemic issues

The YOWs also contributed 144 hours of support to the North Shore Foundry's Tuesday afternoon drop-in program, which saw a 15.2% increase in the number of sessions (76) facilitated by Parkgate YOWs compared to the previous year.

The Thursday evening "Gals n' Pals" group is an example of the programs that foster opportunities for education around social justice. This group, created to provide a safe space for female and non-binary voices, was supported by the Parkgate staff and played a vital role in bringing the first-ever All Ages Drag Brunch to Parkgate Community Centre on August 14th. The event had 60 attendees, composed of youth and their supporters, and was promoted by Virgin Radio, featuring an on-air interview with Youth Leader, Isabella, who also performed and emceed the event. It was a special day dedicated to celebrating one's authentic self.

Prior to the Parkgate Drag Brunch, the Youth Services team led an empowering out-trip to support local youth in attending Pride at the Pier on July 29th. The event had a profound impact on the 11 youth who participated, including one who described it as "the most accepted they have ever felt." These



experiences are a testament to the positive impact of our youth team's efforts in empowering the youth and educating the community.

The drag brunch and the new rainbow crosswalk are just some examples of the steps taken in 2022 to create further representation and inclusivity for LGBTQIA2S+ individuals in our community.

2022 Parkgate Youth Programs & Statistics:

In 2022, the Youth Services team provided services and programs, and engaged 5,078 youth in the community in a variety of ways:

- One-to-One Support
- Resource Based Info
- Summer Camps
- Youth Drop-In Centre
- Preteen Dances
- Social Justice Awareness
- Outdoor Movies
- Group Workshops
- Skill Development
- Supporting Foundry North Shore

Local youth engagement in Mount Seymour, Deep Cove, and Blueridge increased by 99.3% compared to last year. This boost was due in part to the community's increased comfort level as the worst of the COVID-19 pandemic appeared to be over. Youth Services also played a significant role by creating fun, safe, and engaging opportunities for youth aged 10 to 24 years old.

The feedback received from participants at our summer camp, Camp Extreme, has forever changed our focus. The Youth Services team has found that by staying local and celebrating the outdoor activities of our community, we can reduce our carbon footprint and allow campers to learn more about our youth services and community centre. By eliminating travel time, campers can focus on enjoying the activities and building peer-to-peer connections.

We ran four weeks of camp throughout the summer, creating memorable experiences for youth in grades 5 to 9. Over 50% of camp attendees also used other Parkgate Youth services and programs in 2022, reinforcing their connections to our youth team and services.

SENIOR SERVICES

In 2022, our community expressed a strong desire for reconnection and fun. Specifically, our seniors' department experienced a significant rise in requests for programs, spaces, special events, service referrals, and assistance. To meet this demand, the seniors' staff devoted the year to revitalizing existing programs, introducing new schedules, and adding a couple of fresh new initiatives.

Seniors in-house programming is the foundation of the seniors department. From drop-in games like Cribbage and Mahjong to fitness like Keep Well or Line Dancing, we strive to have a program for every senior in our community.

Our Bridge programs have more drop-ins than prior to COVID, and drop-in Mahjong has become the leading Hong Kong Mahjong space in North Vancouver. We added in two new programs this year with the welcome addition of Line Dancing with Marianne and What's News joining us with a brand new hybrid in-person/Zoom model. Rounding out our programs we must mention the welcome return of our Community Lunches: delicious meals cooked with love for the community, and the dining room transformed into a hub for connecting with people of all ages.

We were thrilled to welcome groups back for special events this year, bringing opportunities for community connection and adding brightness to many lives. Our spring fashion show, SHRED IT, Summer BBQs, and a speaker series all made it possible for community members to come together once again.



My Parkgate Break experienced a heightened demand this year. Individuals who had stayed home with their loved ones during the pandemic lockdowns now required additional support and socialization. To meet the increased registration requests, we expanded our programming to include an additional day. Through conversations with participants and caregivers, we identified transportation as a significant challenge. Consequently, we started providing transportation home for our participants. The MPB team continuously seeks ways to assist their clients. As part of our new programs, we successfully reestablished our partnership with Windsor Secondary School to reintroduce the NoteWorthy Singers, our intergenerational dementia choir.



While Social Prescribing gains attention in the news, Parkgate Society has been actively engaged in the initiative for several years. Thanks to funding from the United Way of British Columbia, we have successfully operated the program as a pilot project even during the COVID pandemic. Our team receives referrals of North Vancouver seniors and effectively connects them with local programs and resources that enrich their lives.

2022 Seniors Programs:

Fitness:

- Parkgate Pacers
- Chair Yoga
- Keep Well
- Line Dancing
- Men's Walkers

Social:

- Parkgate Singers
- What's News
- Parkgate Crafters
- Bus Trips

Lessons:

- iPad 1 & 2
- Bridge
- Mahjong
- French

Games:

- Chess
- Cribbage
- Mahjong
- Bridge
- Zoom Crosswords

Dementia:

- My Parkgate Break

Meal Programs:

- Dine In
- Take Out
- BBQ

Outreach:

- Access Bus
- Social Prescribing

2022 Seniors Statistics:

Individuals receiving meals:	155
Registered Programs:	101
Drop-Ins:	155
Social Prescribing:	50
Access Bus:	21
My Parkgate Break Participants:	21
Total Individual Program Users:	338



COMMUNITY

English Conversation Classes

In 2022, Parkgate Society started providing English Conversation classes for non-English speaking newcomers on the North Shore. The classes are taught by a qualified instructor and the curriculum focuses on improving students' English communication skills for daily activities.



Parkgate Community Day September 10, 2022

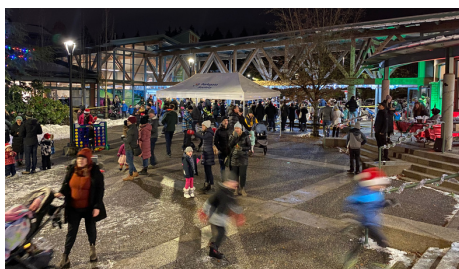
In 2022, we welcomed the return of a full scale Parkgate Community Day celebration with performers, artists, activities, food, and over 20 community tables. The sun shone brightly, creating a glorious atmosphere as community members relished the chance to gather together and reconnect.



COMMUNITY ENGAGEMENT

Parkgate Winter Lights December 2, 2022

In December, we kicked off the winter season with Parkgate Winter Lights. It was a resounding success featuring holiday lights, talented local performers, delicious food, engaging activities and a winter artisan craft market inside the community centre. One of the highlights of the event was the new outdoor stage under the glittering "sponsored snowflakes".



SUPPORTERS

Government

City of North Vancouver

District of North Vancouver

Employment & Social Development Canada: Canada Summer Jobs

Employment & Social Development Canada: New Horizons for Seniors

Ministry of Children and Family Development

Ministry of Education and Child Care

Province of BC – Community Gaming Grant

Public Health Agency of Canada - CAPC

Vancouver Coastal Health

Community Groups

Deep Cove Lions Club

DNV Fire Fighters Charitable Society

DNV Libraries - Parkgate Branch

Help Age Canada

Ignited Mothers Coalition

Lionsview TAPs

Lynn Valley Legion

Mount Seymour Lions Club

Mt. Seymour Lions Housing Society

Mount Seymour United Church

North Shore Black Bear Society

North Shore Community Foundation

North Shore Community Resources

NVRC

Seymour Community Association

United Way of British Columbia

Variety - the Children's Charity

Woodlands Collective

YMCA



Local Businesses

Anthem Developments
Bartlett Tree Experts
Bayshore Home Health
Bean Around the World
BlueShore Financial
Canlan Sports
Capilano University
COBS Bread (Jas Bread Ltd.)
Comfort Keepers
Cream Pony
Dr. Joslin, Inc.
Earnest Ice Cream
Everything Wine
Fawcett Insurance Agency

Great Clips
Liz de Beer
Mt. Seymour Resorts
Neptune Terminals
Northlands Bar & Grill
PARC Cedar Springs (Seniors' Programs)
Pilkington Lawn & Landscape
RBC Volunteer Program
Safeway - Parkgate
Seaspan
Stongs Market
Superstore
Telus



Individuals

Lori Bell
Trelawny Bell
Meaghan Besseyre
Jennifer Butcher
Kit Chan
Susan Chan
Stephen Chueng
Ellen Clague
Teresa Comey
Carole Conlin
Shirley Cox
Tyson Creaney
Anni Danielson
Miyuki Davidson
Elina Gazizova
Stephanie Gooding
Doug & Sharon Greville
Allan Hansell
Hangfei Li
Lindy Kristinsson
Morley Lertzman
Bronwyn Lorimer
Anthony Lyons
Christine Mann
Sarah Manvell
Zach McKnight
Sarah McPhee
Kai Nguyen
Melanie Naylor
Anna O'Brian

Desiree Olsten
Joan Packer
Donna & John Phillips
Vince Santacroce
Amberlea Schaab
Marnie Schigas
Glade Schoenfeld
Jennifer Schoenfeld
Anna Sharonova
Renee Shrieves
Sandi Smith
Mary Smulders
Lynn Spence
Anna Stasiak
Clinton Stoffberg
Andrew Szymanski
Alexander Thompson
Tamara Van Wyck
Liliana Vargas
Natalie Wagorn
Jessie and Jarret Wall
Patrick Weafer
Adele Wilson
Eileen & Patrick Wilson
Carmel Wiseman
Jennifer Woodside
Georgina Wysiecki
Shaun Wysiecki

TD Canada Trust on behalf of Philip Lau



CONTACT



Parkgate Society
3625 Banff Court,
North Vancouver, Bc
V7H 2Z8

Front Desk: 604.983.6350
info@parkgatesociety.ca
parkgatesociety.ca



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