



Parkgate Society

Community Services

Community Newsletter May 2023

We respectfully acknowledge that we live and work on the traditional and unceded territories of the xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish), and səliłwətał (Tseil-Waututh) Nations.

Dear Parkgate Community Member,

We hope this message finds you well and enjoying the warmer weather and longer days. It's a great time of year to be out and about in our community, and we're looking forward to seeing you around Parkgate in the coming weeks.

May is also **Child Care Month**, and we want to take this opportunity to express our gratitude to all of the dedicated and hardworking child care providers in our community. Your tireless efforts and commitment to our children's well-being and development are truly appreciated.

We have a couple of exciting events coming up that we'd like to highlight. First, we're hosting a Mother's Day High Tea on May 13th at 1:00 PM. It's a wonderful opportunity to celebrate and honour the mothers in our lives. We encourage you to come and enjoy some tea, delicious treats, and great company (pre-registration required).

Secondly, we're also holding a "Shred It" fundraiser on May 13th from 10 AM until the truck is full. Bring your old documents and sensitive materials that you want to dispose of securely and safely. We'll have a shredding truck on site to take care of everything. It's a great opportunity to declutter your space while supporting a good cause.

As always, we encourage you to stay up to date with all of our community events and activities on our website and social media pages. We're continually adding new events and

programs, and we hope you'll find something that interests you.

We hope you have a wonderful spring, and we look forward to seeing you around Parkgate Community Centre.

May is Child Care Month

Celebrating all the people who work in child care and the significant contribution they make to the lives of children and to the health of our community as a whole.



May 12th is now officially **Child Care Appreciation Day** in British Columbia! The BC Legislature has proclaimed the official day as part of government's ongoing recognition of Child Care Month and the invaluable role Child Care Workers play in our communities.

"It takes a village to raise a child."

Do you recall an adult (other than a parent) who made a positive impact in your life when you were a child? Can you "pay it forward" and make a positive impact in a child's life?

Youth Summer Camp



Parkgate Society
Community Services



This Co-ed camp for youth and focuses on getting outside AND exploring what Deep Cove has to offer.

CAMP EXTREME



Week 1 July 10th-July 14th : Gr 5-7 205053

Week 2 July 24th - July 28th : Gr 6-8 205054

Week 3 Aug 21st-Aug 25th : Gr 7-8 205055

TIMES: 9:00AM-3:00PM
LOCATION: PARKGATE/ DEEP
COVE AREA | COST \$325
ALL LEVELS AND ABILITIES
WELCOME

REGISTRATION OPENS MAY 17TH @7AM- VISIT NVRC.CA

This Co-ed camp is intended for older youth and focuses on getting outside, exploring what Deep Cove has to offer. Activities include kayaking, paddle boarding, and local hikes. This camp is led by the Parkgate Youth Services team. We WILL NOT be transporting participants, so each day will involve some walking.

Week 1: Jul 10-15, Gr. 5-7, Barcode 205053

Week 2: Jul 24-28, Gr. 6-8, Barcode 205054

Week 3: Aug 21-25, Gr. 7-8, Barcode 205055

9:00 am – 3:00 pm

Location: Parkgate/Deep Cove Area

\$325

All levels and abilities welcome.

For more information contact the Parkgate Society Youth Services Manager, Dale Cheyne
604-783-8053.

Registration opens May 17th @ 7:00 AM

Register

Upcoming Events

Mother's Day High Tea

Saturday, May 13th

1:00 PM

\$15 per adult (\$10 per child)

Barcode: 205716



Indulge in an afternoon of elegance at our Mother's Day Tea - a gathering where mothers, family, and friends are all cordially invited.

Our tea will include a selection of:

- Delicately filled sandwiches
- Scones with jam & cream
- Tarts
- Choice of specialist teas (hot & cold)

Call or visit the Front Desk to purchase tickets: 604.983.6350

SHRED IT Fundraiser

Saturday, May 13th

10:00 AM - Until the truck is full



Our bi-annual **Shred-It Fundraiser**, organized by the dedicated members of the Deep Cove Lions Club, is taking place on the same day as our Mother's Day High Tea.

Make sure to arrive early this year before our truck fills up as our next Shred-It Fundraiser won't be until Sunday, October 8, 2023!! **Truck opens at 10am!**

Parkgate Society Annual General Meeting

Thursday, June 8th

6:00 PM

Mary Hunter Hall



Parkgate Society's AGM will be held in person at Parkgate Community Centre and this year we have a special guest speaker, Dan MacQueen.

At 28, Dan was leading a healthy, active life. Dan's reality was shattered by a devastating brain hemorrhage, resulting in brain surgery. Dan had to rely on his grit, perseverance, and resilience to relearn everything. Learn from Dan how changing your perspective can activate your resilience. You can learn more about Dan here: www.macqueendan.com

Seniors' Week June 5 - 9

June is fast approaching, and we will soon be celebrating Seniors' Week from Mon, June 5th to Fri, June 9th. In preparation for our celebration, we are asking interested Parkgate Seniors to share their stories through photos!

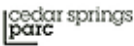


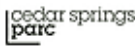


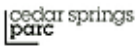
Do you have a photo from your past that you love?

In honour of Seniors' Week, the Parkgate Seniors Team is putting together a story book to acknowledge and celebrate the lives of the Seniors in our community. Everyone has a story and we would for you to share yours with us.



- 1) Pick a photo from your past that recalls a fond memory (include a caption).
- 2) Pick a recent photo or contact Katie (kkearney@parkgatesociety.ca). She will take one for you.
- 3) Drop the photos off at front desk in an envelope with your name or email them to Kelsey at Kgrass@parkgatesociety.ca
- 4) We will make digital copies and return originals to you.

Join Parkgate Society for Seniors Week 2023 for fun activities, treats and more!

<i>Mon, June 5</i>	<i>Tues, June 6</i>	<i>Wed, June 7</i>	<i>Thurs, June 8</i>	<i>Fri, June 9</i>
Cooking Demo w/ Joseph 3:00pm 	Ice Cream Social!  	Balance Class 3:00pm 	Coffee Kiosk  	Mindfulness & Journaling Class 10:30am 

Plus giveaways, door prizes and more!

NOW RECRUITING: Summer Camp Volunteers!



parkgatesociety.ca/get-involved/volunteer/

Contact our Volunteer Coordinator, Christina Thai, to find out more information about

Volunteer Opportunities →



Cycling Without Age North Shore



[Cycling Without Age](#) is a global movement started by Ole Kassow in Copenhagen, Denmark in 2012 and now has active chapters in 39 countries around the world. Volunteers (Pilots) sign up to take mobility challenged passengers for trishaw rides – the Pilot pedals at the back and two passengers ride in front (see the photo below). The North Shore Chapter would like to expand the service it provided to 450 people in 2022 to the Parkgate area in 2023, to provide FREE rides for mobility challenged people.

To do this, we need secure overnight storage for a trishaw for 2 to 4 nights per month during our operating season from May through September. This could consist of a driveway in which we could park our cargo trailer containing the trishaw, or an enclosure for our trishaw which is one metre wide and 2 metres long. If you can help us with this, please contact Ian Rose-Innes ian@cyclingswithoutage.ca or cell: 604 813 5526.

We are inviting cyclists to join our team of enthusiastic pilots and people who have a driver's licence to join our team of caring drivers who transport our mobility challenged passengers to our pickup points.

You can find out more about our programme by visiting our website.

Community Newsletter Subscription Updates

We're excited to let you know that we're using a new program to deliver our community newsletter. This will allow us to send targeted emails based on your interests and needs. To receive information about programs and services that matter most to you, please fill out this short form. Your information will be kept confidential and used only for the purposes of improving our communications with you.

Thank you for your continued support and participation in our community!

[Update Subscription Preferences](#)



Share



Tweet



Website



Follow

Copyright © 2023 Parkgate Society, All rights reserved.

Our mailing address is:

3625 Banff Court
North Vancouver
BC
Canada
V7H 2Z8

Want to change how you receive these emails?
You can [unsubscribe from this list](#).