



**Parkgate
Society**

Community Services



PARKGATE SOCIETY

ANNUAL REPORT

2023

Live Life Better • Connecting Community

OUR VISION

A vibrant, connected community

OUR MISSION

To create opportunities for people in our community to live life better.

OUR VALUES

We believe...

Belonging:

establishing and developing meaningful relationships creates an engaged, connected and resilient community.

Listening:

active listening and positive interactions build a foundation of community connections, engagement and trust.

Responding:

responding to the ever-changing needs of our community can be achieved by creating a unique blend of programs and services that appeal to a diverse population.

Connecting:

connecting with individuals, groups, agencies and businesses, helps us accomplish more together than apart.

Welcoming:

programs and services should be welcoming, inclusive and accessible to people of all generations, cultures, means and abilities.

BOARD OF DIRECTORS

President:

Trelawny Bell

Vice President:

Shaun Wysiecki

Treasurer:

Natalie Wagorn

Secretary:

Marnie Schigas

Board Members:

Susan Chan

Stephen Cheung

Zachary McKnight

Carmel Wiseman

Zachary McKnight

Andrew Szymanski

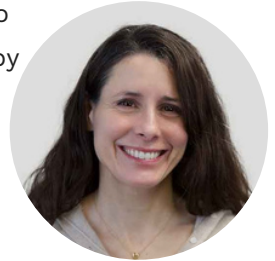
Patrick Weafer



EXECUTIVE DIRECTOR'S REPORT

Ellen Clague

This report is for our 3-month year from January 1 to March 31, 2023. We have made a significant change by aligning our fiscal year end with that of our major funders, moving it from December 31 to March 31. This adjustment, while requiring substantial effort from our finance team, will enhance our reporting processes and organizational efficiencies for the future.



During this short year, we accomplished a major milestone by creating a new 5-year strategic plan, guided by both the Board of Directors and our management team. We are excited about its implementation. Our regular programs and services ran at full capacity throughout the winter months. Thanks to our new volunteer coordinator, we also saw a resurgence of volunteers. This is great news! We deeply appreciate the dedication of all our volunteers, including our extraordinary Board of Directors.

Our dedicated staff are the heart and soul of our organization, tirelessly working to make a positive difference in the lives of the people who we serve. Their commitment is the driving force behind our success, and I am deeply grateful for this incredible team.

We extend our heartfelt gratitude to our funders, sponsors, and donors whose support enables us to provide high-quality, low or no-cost programs and services to our community. As we transition into the new fiscal year, we are excited about the opportunities and growth that lie ahead for Parkgate Society.

PRESIDENT'S REPORT

Trelawny Bell

It is with great pleasure that I reflect on the incredible work Parkgate Society's staff and volunteers undertake year-round to offer low cost and no cost programs to many families, children, youth and seniors in our Seymour, Blueridge and Deep Cove communities.



In the past few months, the Society has welcomed a new Executive Director, Ellen Clague and the organization hasn't missed a beat with her experience coming from within, as the Society's former Community Engagement Manager. The Society continues expanding programs to new areas, with inclusiveness being a key component.

We have been performing a community consultation over the past few months to garner information on which areas and what people to help with new programs next. As part of the community consultation there is a survey which we will release the results of in the coming months, but it is already evident that together we have made a profound impact on the lives of many individuals within the community.

Our commitment to community engagement has remained steadfast through incredibly successful events such as Parkgate Community Day, we have continued to foster a sense of belonging and inclusion within our community. We have also seen a resurgence in the number of volunteers, who have traditionally been essential to assisting in the delivery of the Society's various programs. While also serving as amazing experiences, and providing fulfillment for the volunteers themselves.

To all our volunteers, I extend my deepest gratitude for your continuing support. As we move forward, let us continue to embrace change, adapt to new challenges, and remain committed to our mission of creating opportunities for people in our community to live life better.

FINANCIALS

Natalie Wagorn, Treasurer

Effective January 1, 2023 Parkgate Society changed its year end from December 31 to March 31 to better align with its major funders, including the Province of BC, the District of North Vancouver and a number of other organizations. For the three-month period ending March 31, 2023, Parkgate Society deferred revenues to align funding with the new fiscal year, but continued to run programs with the support of dedicated staff and volunteers.



This change came with a lot of hard work and some anticipated short-term costs and resulted in a deficit position for the three-month period. The Board of Governors and management are optimistic that Parkgate Society will return to a stronger financial position, similar to that of recent years, moving forward.

Parkgate Society's financials for the three-month period ended March 31, 2023, were prepared by our Finance Manager, Lee-Anne Robertson, and reviewed by our external accountants, KPMG. KPMG's review of these financials was made in accordance with Canadian Generally Accepted Standards for Review Engagements. The procedures performed in a review vary in nature and are less rigorous than an audit, and as such, no audit opinion is expressed on these financial statements. The complete set of these financial statements are available on our website: parkgatesociety.ca

2023 Financials (Jan 1 - Mar 31)

Revenue:

Municipal	1,980
Provincial	305,469
Federal	10,435
Grants & Sponsorship	37,528
Fundraising & Donations	10,424
Operations	133,488

Expenses

Governance & Administration	59,167
Child Care Services	330,542
Family Programs	41,345
Youth Services	91,261
Seniors Programs	92,798
Community Engagement	27,077

Total Revenue

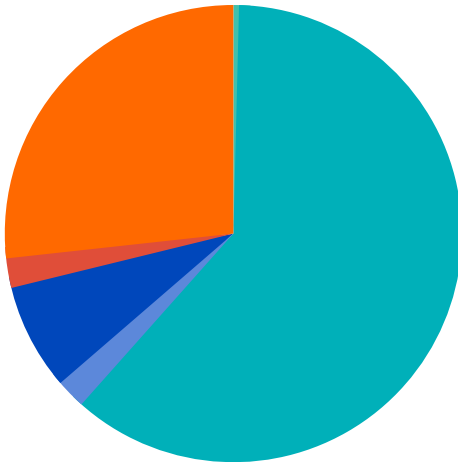
\$499,324

Total Expenses

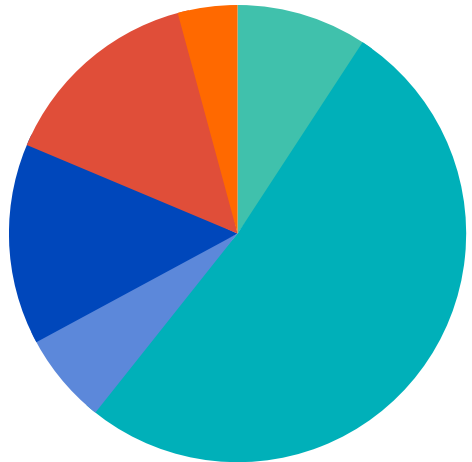
\$642,190

Net Revenue minus Expenses **-\$142,866**

Revenue



Expenses



- Municipal
- Provincial
- Federal
- Grants & Sponsorship
- Fundraising & Donations
- Operations

- Governance & Administration
- Child Care Services
- Family Programs
- Youth Services
- Seniors Programs
- Community Engagement

VOLUNTEERS

Jan 1 – Mar 31, 2023
Total Volunteers: 107
Total hours: 1,720



Daycamps
171 hours



Board of Directors
171 hours



Youth Services
71 hours



Other
46 hours



My Parkgate Break
239 hours



Child Care Services
45 hours



Crafters
104 hours



NVRC Programs
92 hours



Senior Services
781 hours

CHILD CARE & FAMILY PROGRAMS

Child Care Programs:

From January to March 2023, Parkgate Child Care Centre provided the following programs for children aged 6 months to 12 years with up to 135 licensed child care spaces:

- Infant & Toddler Group Child Care
- Three to Five Year Old Group Child Care
- Parkgate School Age Group Child Care
- Seymour School Age Group Child Care

All of our regular child care programs were approved in 2022 to serve as a \$10-a-Day Child Care BC Prototype program, giving our families a huge discount on their child care fees and making a significant difference to their lives in general. We are working hard to ensure this program is successful so that the government is able to move forward into all communities in BC to give everyone the opportunity to enjoy quality child care at an affordable price.



Our highly qualified early learning educators and facilitators are genuinely interested in forming close relationships with the children and their families. They believe learning best occurs when strong, trusting relationships are developed between all important players in the children's lives, including their families, educators, and the community.

Our Child Care and Summer Camp programs operate Monday to Friday throughout the year, excluding statutory holidays. We have one annual closure for a professional development day, during which our staff stays updated on child care and early learning best practices. Additionally, we provide our staff with a well-deserved seasonal break between Christmas and New Year's, during which our programs are also closed.



Family Programs:

In 2023, Parkgate Family Centre provided the following programs for young families:

- Mother Goose inspired Early Literacy program
- Deep Cove Outdoor Playgroup
- Lynnmour Outdoor Playgroup
- Parkgate Playgroup
- Saturday Playgroup



From January to March 2023, Parkgate Family Centre collectively provided quality family programs for 178 adults and 204 children.



Our low-cost Parkgate Family Programs are supported by grants from the Province of BC and the Government of Canada's Community Action Program for Children.

YOUTH SERVICES

While this report only covers a short three month period, January to March 2023. Our Youth Services was able have a significant impact on the lives of local youth. The Youth Services team interacted with 6,341 youth between the ages of 10 to 24 in this short time period. Below are some of the better known programs that our team offers and the corresponding participant involvement:

Youth Centre Drop-In: 1453
1 to 1 Support Meetings: 75
School Groups/Outreach: 499
Three Preteen Dances: 1650 attendees



Youth engagement is cornerstone to our programs popularity. This can be seen the success of project based learning and discussion programs such as the role playing game of Dungeons and Dragons. Starting in 2022 we increased the numbers sessions offered from two to three registered sessions each Saturday due to demand. The Youth Centre staff were amazing in creating unique and engaging campaigns for each of the groups; totaling 18 participants every Saturday. Passionate staff were willing to make the adjustment to working Saturdays during the school displaying flexibility to participant needs whether for DnD, Saturday night open gym or our monthly Preteen Dances.

Having evening space for young people particularly on Friday and Saturday evenings remained a priority of Youth Services team. We acknowledge free programs with snacks help give youth options and allow youth workers to connect with young people in positive ways through chats, video games, and sports. Many youth post-COVID expressed a desire for youth friendly space as there aren't a lot of spaces to interact and socialize with peers. Youth Centre staff are proud to operate this space to facilitate connection and give youths safe alternate activities.

While the mentorship and guidance in our Youth Centre space is more covert. Other times the Youth Services is very intentional in our information, events and topics of focus. Special programming and social media posts occurred in this short three month period which highlighted campaigns such as Bell's Lets Talk Day, National Human Trafficking Awareness Day and Pink Shirt Day. Staff highlighted the why, along with ways to empower youths on strategies and avenues that they can get involved. Much of the work Youth Services team does is around identifying a goal and helping young people breakdown what may seem insurmountable into smaller steps.

In the growing of people and knowledge one of Parkgate's weekly youth groups Gals n Pals spent time organizing a workshop for adults about the issues facing 2SLGBTQ1A+ youths today, "Let's Talk Gals N Pals". As a peer support group of about 15 members, they talk about their experiences weekly, this involves listening to one another and collaboration through sharing coping and acceptance strategies. With the support of the group leaders, Gals N Pals designed an educational experience to share their lived experience with adults in position of influence in their community (politicians, rec centre supervisors/programs, librarians, community leaders, etc.). This courage to share is undertaken with the goal to have these adult leaders recognize their resiliency and need for safe, queer friendly/gender neutral spaces. While this event didn't happen until April 20th a lot of prep went into planning and designing the workshop that allow adults to listen while youths shared openly and safely. The goal is to build connection and visibility among peers and creating community care.

Summary of the other services, programs, and engagement that our Youth Services team were involved with. Our intention was to support, mentor and empowerment youth within the community through:

• 1 to 1 Support • Resource Based Info • Youth Drop-In Centre • Supporting Foundry North Shore • Social Justice Awareness • Group Workshops • Skill Development • Movie Nights/Special Events

SENIOR SERVICES

All seniors' programs welcomed new participants and ran well with the support of dedicated volunteers.

The lunch program provided opportunities for seniors to interact with others while enjoying healthy and nutritious food. Our new Kitchen Coordinator Wafaa Masri was an excellent addition to the seniors' team and was an instant successes with participants due to her warm personality and amazing desserts.

The My Parkgate Break program saw increased number of participants with sessions happening on Tuesdays, Thursdays and Fridays. Participants engaged in various activities, including walks in the neighbourhood, singing, word and board games, and arts and crafts. The NoteWorthy Singers – our intergenerational dementia choir in partnership with VCH and Windsor Secondary continued practicing weekly and preparing for their final concert in June. The choir was featured on global news and received excellent feedback.

Our Crafters welcomed several new members and continued making beautiful cards and knitted items which sold well and brought additional funds to our programs.

Line Dancing - We have added a second class for this very popular program.



Seniors Programs offered Jan 1 to March 31 2023

Fitness: Chair Yoga, Keep Well, line Dancing, Pacers, Men’s Walkers

Social: Singers, What’s News, Crafters, Bus Trips, Cardiac Coffee, IPad Club

Lessons: IPad 1 & 2, Bridge, Mah Jong, French

Games: Chess, Crib, Mah Jong, Bridge

Dementia: My Parkgate Break

Meal Programs: Dine In, Take Out

Outreach: Access Bus, Social Prescribing

Event: St. Patrick’s Day Tea



Seniors Programs Statistics - Jan 1 to March 31, 2023

Takeout Meals sold: 335, an average of 112 per month

Dine – In meals sold: 271, an average of 90 per month

Registered Programs participants: 162, an average of 54 per month

Drop In’s: 1010, an average of 336 per month

Social Prescribing participants: 50

Access Bus participants: 21

My Parkgate Break participants: 34

Bus Trips participants: 16

Punch passes sold: 62

Coffee cards sold: 52

Seniors’ Cards and Craft Sales: 81

St. Patrick’s Day Tea participants: 37



COMMUNITY ENGAGEMENT

English Conversation Classes

Parkgate Society started providing English Conversation classes for non-English speaking newcomers on the North Shore. The classes are taught by a qualified instructor and the curriculum focuses on improving students' English communication skills for daily activities.



Parkgate Community Day September 9, 2023

While Community Day didn't fall during this short year, we're pleased to report that the event has returned in full force post-covid. The turnout was phenomenal and we received a huge amount of positive feedback from our staff, volunteers, and community. Our entertainment lineup this year aimed to be diverse in their performances and offer a something for everyone. It featured a quartet group, a children's performer, and a big band. All of our performers received large, intergenerational audiences.

Parkgate Winter Lights December 8, 2023

We are excited to announce that we are planning to host Parkgate Winter Lights this December to celebrate the winter season. This event will feature holiday lights, talented local performers, delicious food, engaging activities and a winter artisan craft market inside the community centre.

SUPPORTERS

Government

City of North Vancouver
District of North Vancouver
Employment & Social Development Canada: Canada Summer Jobs
Employment & Social Development Canada: New Horizons for Seniors
Ministry of Children and Family Development
Ministry of Education and Child Care
Province of BC – Community Gaming Grant
Public Health Agency of Canada - CAPC
Vancouver Coastal Health

Community Groups

Deep Cove Lions Club	North Shore Community Foundation
DNV Fire Fighters Charitable Society	North Shore Community Resources
DNV Libraries - Parkgate Branch	NVRC
Help Age Canada	Seymour Community Association
Ignited Mothers Coalition	United Way of British Columbia
Lionsview TAPs	Variety - the Children's Charity
Lynn Valley Legion	Woodlands Collective
Mount Seymour Lions Club	YMCA
Mt. Seymour Lions Housing Society	
Mount Seymour United Church	
North Shore Black Bear Society	



Local Businesses

Anthem Developments
Bartlett Tree Experts
Bayshore Home Health
Bean Around the World
BlueShore Financial
Canlan Sports
Capilano University
COBS Bread (Jas Bread Ltd.)
Comfort Keepers
Cream Pony
Dr. Joslin, Inc.
Earnest Ice Cream
Everything Wine
Fawcett Insurance Agency

Great Clips
Liz de Beer
Mt. Seymour Resorts
Neptune Terminals
Northlands Bar & Grill
PARC Cedar Springs (Seniors' Programs)
Pilkington Lawn & Landscape
RBC Volunteer Program
Safeway - Parkgate
Seaspan
Stongs Market
Superstore
Telus



Individuals

Lori Bell

Trelawny Bell

Meaghan Besseyre

Jennifer Butcher

Kit Chan

Susan Chan

Stephen Chueng

Ellen Clague

Teresa Comey

Carole Conlin

Shirley Cox

Tyson Creaney

Anni Danielson

Miyuki Davidson

Elina Gazizova

Stephanie Gooding

Doug & Sharon Greville

Allan Hansell

Hangfei Li

Lindy Kristinsson

Morley Lertzman

Bronwyn Lorimer

Anthony Lyons

Christine Mann

Sarah Manvell

Zach McKnight

Sarah McPhee

Kai Nguyen

Melanie Naylor

Anna O'Brian

Desiree Olsten

Joan Packer

Donna & John Phillips

Vince Santacroce

Amberlea Schaab

Marnie Schigas

Glade Schoenfeld

Jennifer Schoenfeld

Anna Sharonova

Renee Shrieves

Sandi Smith

Mary Smulders

Lynn Spence

Anna Stasiak

Clinton Stoffberg

Andrew Szymanski

Alexander Thompson

Tamara Van Wyck

Liliana Vargas

Natalie Wagorn

Jessie and Jarret Wall

Patrick Weafer

Adele Wilson

Eileen & Patrick Wilson

Carmel Wiseman

Jennifer Woodside

Georgina Wysiecki

Shaun Wysiecki

TD Canada Trust on behalf of Philip Lau



CONTACT



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