

# JANUARY 2024



# Parkgate Society

## Community Services

SUN	MON	TUE	WED	THU	FRI	SAT
	1 9am Cardiac Coffee 10am Scrabble 11am Singers 12:30pm Open Games 12:30pm Dupl. Bridge 1pm Pacers	2 10am Mahjong 10:30am Men Walking 1pm Crafters 1pm French Convo	3 9am Cardiac Coffee 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	4 12pm Chess 1pm Pacers	5 9am Cardiac Coffee 10am Cribbage 1pm Drop-in Bridge 2pm Movie: <i>Soul</i>	6
7	8 9am Cardiac Coffee 10am Scrabble 11am Singers 12:30pm Open Games 12:30pm Dupl. Bridge 1pm Pacers	9 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	10 9am Cardiac Coffee 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	11 10am iPad Club 10:30AM Access Bus 11am MPB Break 12pm Chess 1pm Pacers 1pm iPad Level 1 1:30pm Balance Class	12 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>Bohemian Rhapsody</i>	13
14	15 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Open Games 12:30pm Dupl. Bridge 1pm Pacers	16 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	17 9am Cardiac Coffee 10:30am [Bus Trip] Zubu Ramen 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	18 10am iPad Club 11am MPB Break 12pm Chess 1pm Pacers 1pm iPad Level 1 1:30pm Balance Class	19 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>Free Guy</i>	20
21	22 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Open Games 12:30pm Dupl. Bridge 1pm Pacers	23 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	24 9am Cardiac Coffee 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	25 10am iPad Club 10:30AM Access Bus 11am MPB Break 12pm Chess 1pm Pacers 1pm iPad Level 1 1:30pm Balance Class	26 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>Kingsmen, Secret Service</i>	27
28	29 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Open Games 12:30pm Dupl. Bridge 1pm Pacers	30 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	31 9am Cardiac Coffee 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge			

# FEBRUARY 2024



# Parkgate Society

## Community Services

SUN	MON	TUE	WED	THU	FRI	SAT
				1 10am iPad Club 11am MPB Break 12pm Chess 1pm Pacers 1:30pm Balance Class	2 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>The Help</i>	3
4	5 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Open Games 12:30pm Dupl. Bridge 1pm Pacers	6 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	7 9am Cardiac Coffee 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	8 10am iPad Club 10:30am Access Bus 11am MPB Break 12pm Chess 1pm Pacers 1pm iPad Level 1 1:30pm Balance Class	9 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>Horrible Bosses</i>	10
11	12 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am [Bus Trip] JJ's Restaurant 10:30am What's News 11am Singers 12:30pm Open Games 12:30pm Dupl. Bridge 1pm Pacers	13 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	14 9am Cardiac Coffee 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	15 10am iPad Club 11am MPB Break 12pm Chess 1pm Pacers 1pm iPad Level 1 1:30pm Balance Class	16 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>Asteroid City</i>	17
18	19 Parkgate Closed ~Family Day Observed~	20 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	21 9am Cardiac Coffee 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	22 10am iPad Club 10:30am Access Bus 11am MPB Break 12pm Chess 1pm Pacers 1pm iPad Level 2 1pm Line Dancing 1:30pm Balance Class	23 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>Big Fat Greek Wedding 3</i>	24
25	26 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Open Games 12:30pm Dupl. Bridge 1pm Pacers 1pm Line Dancing	27 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	28 9am Cardiac Coffee 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	29 10am iPad Club 11am MPB Break 12pm Chess 1pm Pacers 1pm iPad Level 2 1pm Line Dancing 1:30pm Balance Class	30 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>Puss in Boots</i>	31