

FEBRUARY 2024



Parkgate Society

Community Services

SUN	MON	TUE	WED	THU	FRI	SAT
				1 10am iPad Club 11am MPB Break 12pm Chess 1pm Pacers 1:30pm Balance Class	2 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>The Help</i>	3
4	5 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Open Games 12:30pm Dupl. Bridge 1pm Pacers	6 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	7 9am Cardiac Coffee 11:30am Dine-in Lunch 1pm Mahjong 1pm Chronic Pain 1:30pm Bridge	8 10am iPad Club 10:30AM Access Bus 11am MPB Break 12pm Chess 1pm Pacers 1pm iPad Level 1 1:30pm Balance Class	9 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>Horrible Bosses</i>	10
11	12 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am [Bus Trip] <i>JJ's Restaurant</i> 10:30am What's News 11am Singers 12:30pm Open Games 12:30pm Dupl. Bridge 1pm Pacers	13 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	14 9am Cardiac Coffee 11:30am Dine-in Lunch 1pm Mahjong 1pm Chronic Pain 1:30pm Bridge	15 10am iPad Club 11am MPB Break 12pm Chess 1pm Pacers 1pm iPad Level 1 1:30pm Balance Class	16 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>Asteroid City</i>	17
18	19 Parkgate Closed ~Family Day Observed~	20 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	21 9am Cardiac Coffee 11:30am Dine-in Lunch 1pm Mahjong 1pm Chronic Pain 1:30pm Bridge	22 10am iPad Club 10:30AM Access Bus 11am MPB Break 12pm Chess 1pm Pacers 1pm iPad Level 2 1pm Line Dancing 1:30pm Balance Class	23 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>Big Fat Greek Wedding 3</i>	24
25	26 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Open Games 12:30pm Dupl. Bridge 1pm Pacers 1pm Line Dancing	27 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	28 9am Cardiac Coffee 11:30am Dine-in Lunch 1pm Mahjong 1pm Chronic Pain 1:30pm Bridge	29 10am iPad Club 11am MPB Break 12pm Chess 1pm Pacers 1pm iPad Level 2 1pm Line Dancing 1:30pm Balance Class	30 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>Puss in Boots</i>	31

MARCH 2024



Parkgate Society

Community Services

SUN	MON	TUE	WED	THU	FRI	SAT
					1 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>Puss in Boots</i>	2
3	4 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Open Games 12:30pm Dupl. Bridge 1pm Pacers 1pm Line Dancing	5 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	6 9am Cardiac Coffee 11:30am Dine-in Lunch 1pm Mahjong 1pm Chronic Pain 1:30pm Bridge	7 10am iPad Club 11am MPB Break 12pm Chess 1pm Pacers 1pm iPad Level 2 1pm Line Dancing 1:30pm Balance Class	8 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>The Beatles: In the Life</i>	9
10	11 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Open Games 12:30pm Dupl. Bridge 1pm Pacers 1pm Line Dancing	12 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	13 9am Cardiac Coffee 11:30am Dine-in Lunch 1pm Mahjong 1pm Chronic Pain 1:30pm Bridge	14 10am iPad Club 10:30AM Access Bus 11am MPB Break 12pm Chess 1pm Pacers 1pm iPad Level 2 1pm Line Dancing 1:30pm Balance Class	15 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>A Man Called Otto</i>	16
17	18 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Open Games 12:30pm Dupl. Bridge 1pm Pacers 1pm Line Dancing	19 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	20 9am Cardiac Coffee 11:30am Dine-in Lunch 1pm Mahjong 1pm Chronic Pain 1:30pm Bridge	21 10am iPad Club 11am MPB Break 12pm Chess 1pm Pacers 1pm iPad Level 2 1pm Line Dancing 1:30pm Balance Class	22 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie: <i>TBD</i>	23
24	25 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Open Games 12:30pm Dupl. Bridge 1pm Pacers 1pm Line Dancing	26 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	27 9am Cardiac Coffee 11:30am Dine-in Lunch 1pm Mahjong 1pm Chronic Pain 1:30pm Bridge	28 10am iPad Club 10:30AM Access Bus 11am MPB Break 12pm Chess 1pm Pacers 1pm iPad Level 2 1pm Line Dancing 1:30pm Balance Class	29 Society Closed Facility Hours: 8am-5pm ~Good Friday~	30 Facility Hours: 8am-6pm