



Parkgate Society

Community Services

Community Newsletter September 2023

Parkgate Community Day is celebrated each year on the second Saturday of September in recognition of the opening of Parkgate Community Centre and Parkgate Library.

Hosted by Parkgate Society, NVRC, and Parkgate Library, this free community event highlights the programs, services and community at Parkgate and the surrounding area. It also includes the North Vancouver Public Library's Summer Reading Club Medal Ceremony.

Parkgate Community Day!

Saturday, September 9th, 2023

10 AM - 2 PM

ALL AGES - No Admission Fee



Schedule:

10:00 - 10:20 am	The Squares Quartet Group
10:30 - 10:50 am	Puppet Show by: <i>The Ta Daa Lady</i>
11:00 - 11:25 am	Opening Ceremony and Speeches
11:00 - 11:25 am	The Squares Quartet Group
11:30 - 11:50 am	Line Dancing
11:30 - 12:30 pm	Library Medal Ceremony
12:00 - 12:20 pm	The Squares Quartet Group
12:30 - 12:50 pm	Puppet Show by: <i>The Ta Daa Lady</i>
1:00 - 2:00 pm	Deep Cove Big Band

Activities:



- Puppet Show By The Ta Daa Lady
- Summer Reading Club Medal Ceremony
- Live Music
- Cotton Candy
- Airbrush Tattoos
- Community Tables
- BBQ
- Fire Truck
- Bike Decorating
- Dunk Tank
- Craft Sale
- Art Sale
- Big Games
- Pottery Sale
- Pottery Demo
- 50/50 Raffle
- And more!



Event Schedule:

10:00 AM

Community Day Begins!

The Squares - Quartet Group

Fire Truck Arrives - DNV Firehall #4

10:30 AM

Puppet Show #1 by: The Ta Daa Lady

11:00 AM

Opening Ceremony and Speeches by Delegates
The Squares - Quartet Group

11:30 AM

Library Medal Ceremony begins
Line Dancing
Dunk Tank opens

12:00 PM

The Squares - Quartet Group

12:30 PM

Puppet Show #2 by: The Ta Daa Lady

1:00 PM

Deep Cove Big Band

2:00 PM

50/50 Draw Prize Winner Announced
Raffle Winner - Family Season Pass for Mt. Seymour
Community Day Ends!



Food & Activities

FOOD & TREATS

BBQ hosted by the **Mt. Seymour Lions Club**
Freezies and Pop by **Safeway**
Coffee & Cookies by **Bean Around the World**
Nutritional Juice or Smoothie by **PARC Cedar Springs**
Cotton Candy by **Parkgate Society**

ACTIVITIES & ENTERTAINMENT

Puppet Show
Live Music
Cotton Candy
Airbrush Tattoos (11:00 -1:00 PM)
Bike Decorating
Toddler Zone

Fire Truck (10:00 - 11:00 AM)

Dunk Tank (11:30 - 2:00 PM)

Big Games

Pottery Demo

50/50 Raffle

Passport Activity

Raffle to win a family season's pass for Mt. Seymour

SALES

Pottery Sales

Craft Sales

Art Sales

Used Books

Artwork, Jewelry, Soap By Seymours Heights Elementary Students

Please note: most vendors at this event require cash.

COMMUNITY TABLES

BC United

Blueridge Community Association

Canadian Mental Health Association

Cedar Springs

Deep Cove Heritage Society

Deep Cove Lions

DNV - Water Conservation

Kelly Muirhead

KidSport North Shore

MLA Susie Chant

MONOVA: Museum & Archives of North Vancouver

Mount Seymour Little League

Mount Seymour United Church

Mt Seymour Resorts

North Shore Black Bear Society

North Shore Community Resources

North Shore Mountain Bike Association

North Shore Pride Alliance

NSEM: North Shore Emergency Management

NVRC: North Vancouver Recreation and Culture Commission

Parkgate Society

Parkgate Animal & Bird Hospital

My Parkgate BREAK

Safeway

Seymour Community Association

Seymour Conservative Association

Seymour District Girl Guides
Seymour Heights Elementary Youth Entrepreneurs
The Constituency Office of MP Terry Beech
Timeless Windows/Renewal by Andersen
Vancouver Coastal Health
Wilderness Committee
Zen Marker Lab

Thank you to our Community Day sponsors!



Youth



Parkgate Society

Community Services

Youth



DANCE DANCE

PRETEEN DANCE REGISTRATION

Registration for Fall Pre Teen Dances | Wed. September 6th at 7AM

Date & Event IDs: Oct. 7th-ID 00241313 | Nov. 4th-ID 00241314 | Dec. 2nd- ID 00241316

REGISTER ONLINE AT NVRC.CA, VISITING A NVRC FRONT DESK COUNTER, OR BY PHONING 604-987-7529

The Parkgate Society Youth Services Dance Crew is excited to offer five Preteen Dances in the new year for youth in Grades 6 & 7. The dances are fun, safe, and engaging environment where youth can socialize and showcase their dance moves while be supported by trained youth workers. These Preteen Dances are very popular, so we recommend purchasing your tickets early to avoid disappointment.

You can register online by creating a PerfectMind account, visiting an NVRC front desk, or by phoning 604-987-PLAY (7529)


















Registration will be available starting Wednesday, September 6th starting at 7am.





















When: Saturday, October 7th, 2023, 7-10 PM
Event ID: 00241313

When: Saturday, November 4th, 2023, 7-10 PM
Event ID: 00241314

When: Saturday, December 2nd, 2023, 7-10 PM
Event ID: 00241316

Where: Parkgate
Community Centre
Cost: \$25

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1. CLOSED NO REGULAR PROGRAMS	2. CLOSED NO REGULAR PROGRAMS
4. CLOSED NO REGULAR PROGRAMS	5.	6.  GYOZA SNACK DOWN All Youth Grades 3:30pm-5:30pm Grades 5-12	7.  TRIVIA NIGHT Pre-Teen Drop In 3:30pm-5:30pm Grades 5-7	8.  BACK TO SCHOOL BBQ Pre-Teen Drop In 3:30pm-5:30pm Grades 5-7 Teen Drop In Grades 8-12 6:30pm-8:30pm	9.  COMMUNITY DAY EVENT 10:00am-2:00pm OPEN TO ALL PRIZES-ACTIVITIES-FOOD
11.  Drop in 1-1 Support at Parkgate 4:30pm-6:30pm	12.	13.  GAGA BALL TOURNAY All Youth Grades 3:30pm-5:30pm Grades 5-12	14.  JOHNNY'S MOZZARELLA STICKS Pre-Teen Drop In 3:30pm-5:30pm Grades 5-7	15.  MINUTE TO WIN IT Pre-Teen Drop In 3:30pm-5:30pm Grades 5-7 Teen Drop In Grades 8-12 6:30pm-8:30pm	16.  DND DROP IN ALL YOUTH GRADES Group A 12:00pm-2:00pm Group B 2:30pm-4:30pm Group C DND Masters 5:00pm-7:00pm *Must Register to Join Teen Open Gym Gr.8-12 7:30pm-9:30pm
18.  Drop in 1-1 Support at Parkgate 4:30pm-6:30pm	19.	20.  WAFFLE DAY All Youth Grades 3:30pm-5:30pm Grades 5-12	21.  3V3 BALL TOURNAY Pre-Teen Drop In 3:30pm-5:30pm Grades 5-7	22.  FACE PAINT TATTOOS Pre-Teen Drop In 3:30pm-5:30pm Grades 5-7 Teen Drop In Grades 8-12 6:30pm-8:30pm	23.  DND DROP IN ALL YOUTH GRADES Group A 12:00pm-2:00pm Group B 2:30pm-4:30pm Group C DND Masters 5:00pm-7:00pm *Must Register to Join Teen Open Gym Gr.8-12 7:30pm-9:30pm
25.  Drop in 1-1 Support at Parkgate 4:30pm-6:30pm	26.	27. CLOSED STAFF TRAINING NO REGULAR PROGRAMS	28.  JUST DANCE SHOWDOWN Pre-Teen Drop In 3:30pm-5:30pm Grades 5-7	29.  YOUTH MOVIE NIGHT 4:30pm-7:30pm Grades 5-12 \$5 admission	30. CLOSED NO REGULAR PROGRAMS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2. CLOSED NO REGULAR PROGRAMS	3.	4.  CHARADES CHALLENGE All Youth Grades 3:30pm-5:30pm Grades 5-12	5.  YOGURT PARFAITS Pre-Teen Drop In 3:30pm-5:30pm Grades 5-7	6.  TABLE TENNIS TOURNAY Pre-Teen Drop In 3:30pm-5:30pm Grades 5-7 Teen Drop In Grades 8-12 6:30pm-8:30pm	7.  PRE TEEN DANCE NO REGULAR PROGRAMS
9. CLOSED NO REGULAR PROGRAMS	10.	11.  S'MORES All Youth Grades 3:30pm-5:30pm Grades 5-12	12.  BADMINTON Pre-Teen Drop In 3:30pm-5:30pm Grades 5-7	13.  OWEN'S CHEESY HASHBROWNS Pre-Teen Drop In 3:30pm-5:30pm Grades 5-7 Teen Drop In Grades 8-12 6:30pm-8:30pm	14.  DND DROP IN ALL YOUTH GRADES Group A 12:00pm-2:00pm Group B 2:30pm-4:30pm Group C DND Masters 5:00pm-7:00pm *Must Register to Join TEEN DROP IN & Open Gym Gr.8-12 7:30pm-9:30pm
16.  Drop in 1-1 Support at Parkgate 4:30pm-6:30pm	17.	18.  BREAKFAST TACOS All Youth Grades 3:30pm-5:30pm Grades 5-12	19.  FRIGHT NIGHT OUT TRIP 25\$ Admission 6:00pm-10:00pm Grades 5-12 RSVP @parkgate.youth.centre	20.  HALLOWEEN SLIME Pre-Teen Drop In 3:30pm-5:30pm Grades 5-7 Teen Drop In Grades 8-12 6:30pm-8:30pm	21.  DND DROP IN ALL YOUTH GRADES Group A 12:00pm-2:00pm Group B 2:30pm-4:30pm Group C DND Masters 5:00pm-7:00pm *Must Register to Join TEEN DROP IN & Open Gym Gr.8-12 7:30pm-9:30pm
23.  Drop in 1-1 Support at Parkgate 4:30pm-6:30pm	24.	25.  SPOOKY TRIVIA All Youth Grades 3:30pm-5:30pm Grades 5-12	26.  PUMPKIN CARVING Pre-Teen Drop In 3:30pm-5:30pm Grades 5-7 GALS-N-PALS GROUP Grades 8-12 6:00-7:30pm	27.  YOUTH HALLOWEEN PARTY MOVIE-PIZZA-SPOOKS 5:00pm-7:30pm Grades 5-8 \$5 Admission	28.  DND DROP IN ALL YOUTH GRADES Group A 12:00pm-2:00pm Group B 2:30pm-4:30pm Group C DND Masters 5:00pm-7:00pm *Must Register to Join TEEN DROP IN & Open Gym Gr.8-12 7:30pm-9:30pm
30.  Drop in 1-1 Support at Parkgate 4:30pm-6:30pm	31.  HALLOWEEN TRICK OR TREAT EVENT Parkgate Plaza 6:00PM-8:00PM				

*Please note that the October youth calendar is subject to change.

Seniors

Seniors Health & Wellness Fair

presented by

parc
retirement
living



Saturday, October 21, 2023

11:00 am - 2:00 pm at Parkgate Community Centre

The core of independent living stems from eating well, exercising regularly, building strong social connections, and engaging in mental and emotional wellness practices. Come chat with a variety of industry experts who specialize in a range of products and services to help you optimize your independence and live your best life.

New Seniors' Programs

We're pleased to introduce two new seniors' programs this fall and winter.

Balance and Mobility Registered Exercise Class

Thursday, 9:30 -10:30am

Stay active and independent! Have fun while learning strategies to prevent falls and injuries. This class includes balance, mobility and strength exercises.

Friday Movies

2:00 - 4:00pm

With our new big screen TV, you can enjoy a wide variety of movies.

Whether you like comedy, drama, action, or romance, we have something for everyone.

Community Events



World Café

A World Café is a conversational process to facilitate open and meaningful discussions. By rotating between tables and sharing insights, participants engage in collaborative dialogue to generate collective insights and knowledge.

Parkgate will use these discussions to help generate future programming and services. This event will be located in Mary Hunter Hall and takes place from 1:00 - 3:00 PM

Shred It

Hosted by the Deep Cove Lions Club & Mt. Seymour Lions Club, this semi-annual "Shred It" event supports Parkgate Society's dementia services. By donation. Bring all your unwanted paper for shredding!



If you are looking for an opportunity to get connected and give back to your community, we love our volunteers. Parkgate Society Volunteers are the heart of our programs and services! Click the button below to see how you can get involved.

[Get Involved](#)



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