


SEPTEMBER 2024



Parkgate Society

Community Services

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Society Closed Facility Hours: 8am-5pm ~Labour Day~	3 10am Mahjong 10:30am Men Walking 1pm Crafters 1pm French Convo	4 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	5 10am iPad Club 10:30am Pacers 12pm Chess	6 10am Cribbage 1pm Drop-in Bridge 2pm Movies	7
8	9 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am Pacers 11am Singers 12:30pm Dupl. Bridge 1pm Open Games	10 9am Balance Class 9am [Bus Trip] Queen of Peace Monastery 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	11 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	12 9am Balance Class 10am iPad Club 10:30AM Access Bus 10:30am Pacers 11am MPB Break 12pm Chess	13 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movies	14  10:00AM Community Day
15	16 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 10:30am Pacers 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Bridge Lessons	17 9am Balance Class 10am Mahjong 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	18 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	19 9am Balance Class 10am iPad Club 10:30am Pacers 11am MPB Break 12pm Chess	20 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movies	21
22	23 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 10:30am Pacers 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Bridge Lessons	24 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	25 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	26 9am Balance Class 10am iPad Club 10:30AM Access Bus 10:30am Pacers 11am MPB Break 12pm Chess	27 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movies	28
29	30 Society Closed Facility Hours: 8am-5pm ~National Day for Truth & Reconciliation~					

OCTOBER 2024



Parkgate Society

Community Services

SUN

MON

TUE

WED

THU

FRI

SAT

		<p>1  9am Balance Class 9:30am Keep Well 10am [Bus Trip] Heritage Society Tour 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo</p>	<p>2  11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge</p>	<p>3 9am Balance Class 10am iPad Club 11am MPB Break 12pm Chess 1pm Pacers</p>	<p>4 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movies</p>	<p>5  10:00AM Shred-It</p>
6	<p>7 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers 1pm Bridge Lessons</p>	<p>8 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo</p>	<p>9  10:30AM Access Bus  11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge</p>	<p>10 9am Balance Class 10am iPad Club 11am MPB Break 11am Line Dancing 12pm Chess  12:15PM Tea & Trumpets 1pm Pacers</p>	<p>11 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movies</p>	12
13	<p>14 Society Closed Facility Hours: 8am-5pm ~Thanksgiving~</p>	<p>15 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo</p>	<p>16  11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge</p>	<p>17 9am Balance Class 10am iPad Club 11am MPB Break 11am Line Dancing 12pm Chess 1pm Pacers</p>	<p>18 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movies</p>	19
20	<p>21 9am Cardiac Coffee 9:30am Chair Yoga  10am [Bus Trip] Rocky Point Park 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Line Dancing 1pm Open Games 1pm Pacers 1pm Bridge Lessons</p>	<p>22 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo</p>	<p>23  11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge</p>	<p>24 9am Balance Class 10am iPad Club  10:30AM Access Bus 11am MPB Break 11am Line Dancing 12pm Chess 1pm Pacers</p>	<p>25 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movies</p>	<p>26  11:00AM Seniors Health Fair</p>
27	<p>28 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Line Dancing 1pm Open Games 1pm Pacers 1pm Bridge Lessons</p>	<p>29 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo</p>	<p>30  11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge</p>	<p>31 9am Balance Class 10am iPad Club 11am MPB Break 11am Line Dancing 12pm Chess 1pm Pacers</p>		