

NOVEMBER 2024



Parkgate Society

Community Services

SUN	MON	TUE	WED	THU	FRI	SAT
					1 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie; Little Women	2
3	4 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers 1pm Bridge Lessons	5 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	6 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	7 9am Balance Class 10am iPad Club 11am MPB Break 11am Line Dancing 12pm Chess 1pm Pacers	8 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie; Passengers	9
10	11 Society Closed Facility Hours: 8am-5pm ~Remembrance Day~	12 9am Balance Class 9:30am Keep Well 10am [Bus Trip] Granville Island 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	13 10:30AM Access Bus 11:30am Dine-in Lunch 1pm Mahjong 1pm Adults 65+ Benefits & Credits 1:30pm Bridge	14 9am Balance Class 10am iPad Club 11am MPB Break 11am Line Dancing 12pm Chess 12:15PM Tea & Trumpets 1pm Pacers	15 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie; The Martian	16
17	18 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Line Dancing 1pm Open Games 1pm Pacers	19 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	20 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	21 9am Balance Class 10am iPad Club 11am MPB Break 11am Line Dancing 12pm Chess 1pm Pacers	22 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie; Pulp Fiction	23
24 3pm [Bus Trip] Cirque Du Soleil	25 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Line Dancing 1pm Open Games 1pm Pacers	26 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	27 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	28 9am Balance Class 10am iPad Club 10:30AM Access Bus 11am MPB Break 11am Line Dancing 12pm Chess 1pm Pacers	29 10am Cribbage 9am Cardiac Coffee 11am MPB Break 1pm Drop-in Bridge 2pm Movies; TBD	30

DECEMBER 2024



Parkgate Society

Community Services

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Line Dancing 1pm Open Games 1pm Pacers	3 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	4 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	5 9am Balance Class 10am iPad Club 11am MPB Break 11am Line Dancing 12pm Chess 1pm Pacers 4:30pm [Bus Trip] Capilano Lights	6 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movies	7
8	9 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Line Dancing 1pm Open Games 1pm Pacers	10 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	11 1pm Mahjong 1:30pm Bridge 🍽️ 3pm Holiday Lunch	12 9am Balance Class 10am iPad Club 10:30AM Access Bus 11am MPB Break 11am Line Dancing 12pm Chess 1pm Pacers	13 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movies	14
15	16 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 11am Singers 12:30pm Dupl. Bridge 1pm Line Dancing 1pm Open Games 1pm Pacers	17 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	18 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	19 9am Balance Class 10am iPad Club 11am MPB Break 11am Line Dancing 12pm Chess 1pm Pacers	20 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movies	21
22	23 Society Closed Facility Hours: 6am-10pm	24 Society Closed Facility Hours: 8am-4pm ~Christmas Eve~	25 Society Closed Facility Closed	26 Society Closed Facility Hours: 8am-5pm ~Boxing Day~	27 Society Closed Facility Hours: 6am-9pm	28
29	30 Society Closed Facility Hours: 6am-10pm	31 Society Closed Facility Hours: 8am-4pm ~New Years Eve~				