

# NOVEMBER 2024



# Parkgate Society

## Community Services

SUN	MON	TUE	WED	THU	FRI	SAT
					1 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie; Little Women	2
3	4 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers 1pm Bridge Lessons	5 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	6 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	7 9am Balance Class 10am iPad Club 11am MPB Break 11am Line Dancing 12pm Chess 1pm Pacers	8 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie; Passengers	9
10	11 <b>Society Closed</b>  Facility Hours: 8am-5pm  ~Remembrance Day~	12 9am Balance Class 9:30am Keep Well 10am [Bus Trip] Granville Island 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	13 10:30AM Access Bus 11:30am Dine-in Lunch 1pm Mahjong 1pm Adults 65+ Benefits & Credits 1:30pm Bridge	14 9am Balance Class 10am iPad Club 11am MPB Break 11am Line Dancing 12pm Chess 12:15PM Tea & Trumpets 1pm Pacers	15 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie; The Martian	16
17	18 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Line Dancing 1pm Open Games 1pm Pacers	19 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	20 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	21 9am Balance Class 10am iPad Club 11am MPB Break 11am Line Dancing 12pm Chess 1pm Pacers	22 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movie; Pulp Fiction	23
24 3pm [Bus Trip] Cirque Du Soleil	25 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Line Dancing 1pm Open Games 1pm Pacers	26 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	27 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	28 9am Balance Class 10am iPad Club 10:30AM Access Bus 11am MPB Break 11am Line Dancing 12pm Chess 1pm Pacers	29 10am Cribbage 9am Cardiac Coffee 11am MPB Break 1pm Drop-in Bridge 2pm Movies; TBD	30

# DECEMBER 2024



# Parkgate Society

## Community Services

SUN	MON	TUE	WED	THU	FRI	SAT
1	<b>2</b> 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Line Dancing 1pm Open Games 1pm Pacers	<b>3</b> 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	<b>4</b> 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	<b>5</b> 9am Balance Class 10am iPad Club 11am MPB Break 11am Line Dancing 12pm Chess 1pm Pacers 4:30pm [Bus Trip] Capilano Lights	<b>6</b> 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movies	7
8	<b>9</b> 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Line Dancing 1pm Open Games 1pm Pacers	<b>10</b> 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	<b>11</b> 1pm Mahjong 1pm Holiday Lunch 1:30pm Bridge	<b>12</b> 9am Balance Class 10am iPad Club 10:30AM Access Bus 11am MPB Break 11am Line Dancing 12pm Chess 1pm Pacers	<b>13</b> 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movies	14
15	<b>16</b> 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 11am Singers 12:30pm Dupl. Bridge 1pm Line Dancing 1pm Open Games 1pm Pacers	<b>17</b> 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Keep Well 10:30am Men Walking 11am MPB Break 1pm Crafters 1pm French Convo	<b>18</b> 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	<b>19</b> 9am Balance Class 10am iPad Club 11am MPB Break 11am Line Dancing 12pm Chess 1pm Pacers	<b>20</b> 9am Cardiac Coffee 10am Cribbage 11am MPB Break 1pm Drop-in Bridge 2pm Movies	21
22	<b>23</b> Society Closed  Facility Hours: 6am-10pm	<b>24</b> Society Closed  Facility Hours: 8am-4pm  ~Christmas Eve~	<b>25</b> Society Closed  Facility Closed	<b>26</b> Society Closed  Facility Hours: 8am-4pm  ~Boxing Day~	<b>27</b> Society Closed  Facility Hours: 6am-9pm	28
29	<b>30</b> Society Closed  Facility Hours: 6am-10pm	<b>31</b> Society Closed  Facility Hours: 8am-4pm  ~New Years Eve~				