

FEBRUARY 2025



Parkgate Society

Community Services

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers 1pm Line Dancing	4 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Men Walking 1pm Crafters 1pm French Convo	5 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	6 9am Balance Class 10am iPad Club 12:15PM Tea & Trumpets 1pm Pacers	7 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Hidden Figures</i>	8
9	10 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers	11 9am Balance Class 9:30am Keep Well 10am [Bus Trip] Thai Restaurant 10am Mahjong 10:30am Men Walking 11:30am Caregivers Group 1pm Crafters 1pm French Convo	12 10am Craft Sale 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	13 9am Balance Class 10am iPad Club 10:30AM Access Bus 1pm Pacers	14 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>The Idea of You</i> ~Valentines Day~	15
16	17 Society Closed Facility Hours: 8am-5pm ~Family Day~	18 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Men Walking 1pm Crafters 1pm French Convo	19 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	20 9am Balance Class 10am iPad Club 11am Line Dancing 1pm Pacers	21 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Silver Linings Playbook</i>	22
23	24 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers 1pm Line Dancing	25 9am Balance Class 9:30am Keep Well 10am [Bus Trip] Bloedel Conservatory 10am Mahjong 10:30am Men Walking 11:30am Caregivers Group 1pm Crafters 1pm French Convo	26 11:30am Dine-in Lunch by Donation 1pm Mahjong 1:30pm Bridge	27 9am Balance Class 10am iPad Club 10:30AM Access Bus 11am Line Dancing 1pm Pacers	28 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movies; <i>All Quiet on the Western Front</i>	

MARCH 2025



Parkgate Society

Community Services

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers 1pm Line Dancing	4 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Men Walking 1pm Crafters 1pm French Convo	5 10:30am Social Prescribing Gathering 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	6 9am Balance Class 10am iPad Club 11am Line Dancing 1pm Pacers	7 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Knives Out</i>	8
9	10 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers 1pm Line Dancing	11 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11:30am Caregivers Group 1pm Crafters 1pm French Convo	12 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge 1pm Fall Prevention Speaker Series	13 9am Balance Class 10am iPad Club 10:30AM Access Bus 11am Line Dancing 1pm Pacers	14 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Woman of the Hour</i> 4pm St. Patrick's Day High Tea	15
16	17 9am Cardiac Coffee 9:30am Chair Yoga 10am [Bus Trip] JJs Restaurant 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers 1pm Line Dancing	18 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Men Walking 1pm Crafters 1pm French Convo	19 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	20 9am Balance Class 10am iPad Club 11am Line Dancing 12:15PM Tea & Trumpets 1pm Pacers	21 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Challengers</i>	22
23/30	24/31 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers 1pm Line Dancing	25 9am Balance Class 9:30am Keep Well 10am Mahjong 10:30am Men Walking 11:30am Caregivers Group 1pm Crafters 1pm French Convo	26 11:30am Dine-in Lunch by Donation 1pm Mahjong 1:30pm Bridge	27 9am Balance Class 10am iPad Club 10:30AM Access Bus 11am Line Dancing 1pm Pacers	28 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movies; <i>Triangle of Sadness</i>	29