










MARCH 2025



Parkgate Society

Community Services

	SUN	MON	TUE	WED	THU	FRI	SAT
							1
2		3 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers 1pm Line Dancing	4 9am Balance Class 9:30am Keep Well 10am [Bus Trip] #2  Bloedel Conservatory 10am Mahjong 10am Cribbage 10:30am Men Walking 11:30am Caregivers Group 1pm Crafters 1pm French Convo	5 10:30am Social Prescribing Gathering  11:30am Dine-in Lunch  1pm Mahjong 1:30pm Bridge	6 9am Balance Class 10am iPad Club 11am Line Dancing 12:15PM  Tea & Trumpets 1pm Pacers	7 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Knives Out</i>	8
9		10 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers 1pm Line Dancing	11 9am Balance Class 9:30am Keep Well 10am Mahjong 10am Cribbage 10:30am Men Walking 1pm Crafters 1pm French Convo	12 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge  1pm Fall Prevention Speaker Series	13 9am Balance Class 10am iPad Club  10:30AM Access Bus 11am Line Dancing 1pm Pacers	14 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Woman of the Hour</i>  4pm St. Patrick's Day High Tea	15
16		17 9am Cardiac Coffee 9:30am Chair Yoga  10am Scrabble 10am [Bus Trip] JJs Restaurant 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers 1pm Line Dancing	18 9am Balance Class 9:30am Keep Well 10am Mahjong 10am Cribbage 10:30am Men Walking 11:30am Caregivers Group 1pm Crafters 1pm French Convo	19 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	20 9am Balance Class 10am iPad Club  10:30AM Access Bus 11am Line Dancing 1pm Pacers	21 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Challengers</i>	22
23/30		24/31 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers 1pm Line Dancing	25 9am Balance Class 9:30am Keep Well 10am Mahjong 10am Cribbage 10:30am Men Walking 1pm Crafters 1pm French Convo	26 11:30am Dine-in Lunch by Donation 1pm Mahjong 1:30pm Bridge	27 9am Balance Class 10am iPad Club 11am Line Dancing 1pm Pacers	28 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movies; <i>Triangle of Sadness</i>	29

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		<p>1</p> <p>9am Balance Class 9:30am Keep Well 10am Mahjong 10am Cribbage 10:30am Men Walking 11:30am Caregivers Group 1pm Crafters 1pm French Convo</p>	<p>2</p> <p> 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge</p>	<p>3</p> <p>9am Balance Class 10am iPad Club 11am Variety Dance 1pm Pacers</p>	<p>4</p> <p>9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>The Boy and the Heron</i></p>	5
6	<p>7</p> <p>9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers 1pm Line Dancing</p>	<p>8</p> <p>9am Balance Class 9:30am Keep Well 10am Mahjong 10am Cribbage 10:30am Men Walking 11:30am Caregivers Group 1pm Crafters 1pm French Convo</p>	<p>9</p> <p> 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge 1pm Dying with Dignity Presents MAID</p>	<p>10</p> <p>9am Balance Class 10am iPad Club 10:30AM Access Bus 11am Variety Dance 1pm Pacers</p>	<p>11</p> <p>9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Poor Things</i> 4pm Music & Movement</p>	12
13	<p>14</p> <p>9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers 1pm Line Dancing</p>	<p>15</p> <p>9am Balance Class 9:30am Keep Well 10am Mahjong 10am Cribbage 10:30am Men Walking 1pm Crafters 1pm French Convo 1pm Cookie Decorating</p>	<p>16</p> <p> 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge</p>	<p>17</p> <p>9am Balance Class 10am iPad Club 11am Variety Dance 1pm Pacers</p>	<p>18</p> <p>Society Closed Facility Hours: 8am-5pm ~"Good Friday"~</p>	19
20	<p>21</p> <p>Society Closed Facility Hours: 8am-5pm ~"Easter Monday"~</p>	<p>22</p> <p>9am Balance Class 9:30am Keep Well 10am Mahjong 10am Cribbage 10:30am Men Walking 11:30am Caregivers Group 1pm Crafters 1pm French Convo</p>	<p>23</p> <p> 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge</p>	<p>24</p> <p>9am Balance Class 10am iPad Club 10:30AM Access Bus 11am Variety Dance 1pm Pacers</p>	<p>25</p> <p>9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Anatomy of a Fall</i></p>	26
27	<p>28</p> <p>9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Pacers 1pm Line Dancing</p>	<p>29</p> <p>9am Balance Class 9:30am Keep Well 10am Mahjong 10am Cribbage 10:30am Men Walking 1pm Crafters 1pm French Convo</p>	<p>30</p> <p> 11:30am Dine-in Lunch by Donation 1pm Mahjong 1:30pm Bridge</p>	<p>31</p> <p>9am Balance Class 10am iPad Club 11am Variety Dance 1pm Pacers</p>	<p>9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movies; <i>The Creator</i></p>	