

MAY 2025



Parkgate Society

Community Services

SUN	MON	TUE	WED	THU	FRI	SAT
				1 9am Balance Class 10am iPad Club 10:30am Pacers 11am Variety Dance 12:15PM Tea & Trumpets	2 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>The Creator</i>	3
4	5 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 10:30am Pacers 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Line Dancing	6 9am Balance Class 9:30am Keep Well 10am Mahjong 10am Cribbage 10:30am Men Walking 11:30am Caregivers Group 1pm Crafters 1pm French Convo	7 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge 1pm BMO Biggest Concerns in Retirement	8 9am Balance Class 10am iPad Club 10:30am Pacers 11am Variety Dance	9 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Maestro</i>	10
11	12 8:30am [Bus Trip] Flower & Farm 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 10:30am Pacers 11am Morning Music 12:30pm Dupl. Bridge 1pm Open Games 1pm Line Dancing	13 9am Balance Class 9:30am Keep Well 10am Mahjong 10am Cribbage 10:30am Men Walking 1pm Crafters 1pm French Convo	14 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	15 9am Balance Class 10am iPad Club 10:30am Pacers 10:30AM Access Bus 11am Variety Dance	16 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Wicked</i>	17
18	19 Society Closed Facility Hours: 8am-5pm ~Victoria Day~	20 9am Balance Class 9:30am Keep Well 10am Mahjong 10am Cribbage 10:30am Men Walking 11:30am Caregivers Group 1pm Crafters 1pm French Convo	21 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	22 9am Balance Class 10am iPad Club 10:30am Pacers 11am Variety Dance	23 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Anora</i> 4pm Music & Movement	24 10:00AM Shred-It
25	26 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 10:30am Pacers 12:30pm Dupl. Bridge 1pm Open Games 1pm Line Dancing	27 9am Balance Class 9:30am Keep Well 10am Mahjong 10am Cribbage 10:30am Men Walking 1pm Crafters 1pm French Convo	28 11:30am Dine-in Lunch by Donation 1pm Mahjong 1:30pm Bridge	29 9am Balance Class 10am iPad Club 10:30am Pacers 10:30AM Access Bus 11am Variety Dance	30 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movies; <i>The Barbie Movie</i>	31

JUNE 2025



Parkgate Society

Community Services

SUN	MON	TUE	WED	THU	FRI	SAT
1 Seniors Week 	2 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 10:30am Pacers 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Line Dancing	3 9am Balance Class 9:30am Keep Well 10am Mahjong 10am Cribbage 10:30am Men Walking 11:30am Caregivers Group 1pm Crafters 1pm French Convo	4 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	5 9am Balance Class 10am iPad Club 11am Variety Dance 10:30am Pacers	6 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Conclave</i>	7 2:45pm [Bus Trip] Cirque Crystal Seniors Week
8	9 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 10:30am Pacers 11am Singers 12:30pm Dupl. Bridge 1pm Open Games 1pm Line Dancing	10 9am Balance Class 9:30am Keep Well 10am Mahjong 10am Cribbage 10:30am Men Walking 1pm Crafters 1pm French Convo	11 10:30AM Access Bus 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge 1pm BMO Biggest Concerns in Retirement	12 9am Balance Class 10am iPad Club 11am Variety Dance 12:15PM Tea & Trumpets 10:30am Pacers	13 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Manchester by the Sea</i>	14
15	16 9am Cardiac Coffee 9:30am Chair Yoga 10am Scrabble 10:30am What's News 10:30am Pacers 12:30pm Dupl. Bridge 1pm Open Games 1pm Line Dancing	17 9am Balance Class 9:30am Keep Well 10am Mahjong 10am Cribbage 10:30am Men Walking 11:30am Caregivers Group 1pm Crafters 1pm French Convo	18 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	19 9am Balance Class 10am iPad Club 10:30am Pacers 11am Variety Dance	20 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Sing Sing</i>	21
22	23 9am Cardiac Coffee 10am Scrabble 10:30am What's News 10:30am Pacers 12:30pm Dupl. Bridge 1pm Open Games 1pm Line Dancing	24 9:30am Keep Well 10am Mahjong 10am Cribbage 10:30am Men Walking 1pm Crafters 1pm French Convo 4pm Summer Solstice Dinner	25 11:30am Dine-in Lunch 1pm Mahjong 1:30pm Bridge	26 10am iPad Club 10:30am Pacers 10:30AM Access Bus	27 9am Cardiac Coffee 1pm Drop-in Bridge 2pm Movie; <i>Past Lives</i> 4pm Music & Movement	28
29	30 9am Cardiac Coffee 10am Scrabble 10:30am What's News 10:30am Pacers 12:30pm Dupl. Bridge 1pm Open Games 1pm Line Dancing					